

ASPIRATION, COMPASSION, COMMUNITY, RESPONSIBILITY, RESPECT & FAITH



St. Joseph's Catholic Primary School

Commerell Street

Greenwich, SE10 9AN

Tel: 020 8858 4182

www.stjosephs.greenwich.sch.uk

TO LEARN TOGETHER AND GROW
IN GOD'S LOVE

Headteacher: Miss Suzanne Long

Acting Chair of Governors: Susan Bush
sbush@stjosephs.greenwich.sch.uk

St Joseph's RC Church

103 Pelton Road, Greenwich, SE10 9AN

Priest's House

2 Commerell Street, Greenwich

Telephone: 020 8858 1845

Dear Parents/Carers,

It has been a very busy week. Year 6 have completed their SAT's week. They were very mature they really showcased the best versions of themselves. Well done to the Year 6 team for supporting the children throughout the year.

It was fantastic to see so many families supporting Mental Health week and walking with their children. We look forward to seeing lots more on Wednesday next week gates open 8.20 am.

God Bless. Miss Long

Dates for your Diary



Monday 20th May – Tempest Photographers in for class photos.

Tuesday 21st May Coffee morning has been cancelled. We will confirm a new date soon.

Break-up for half term Friday 24th May normal finish time 3.20

Return to school Monday 3rd June. Gates open 8.40 am

Summer Fair Saturday 6th July 24

This year's Summer Fair will take place on Saturday 6th July 24. If you have any good quality items that you would happily donate, to help make our Summer Fair a success please bring them to school.



Gardening Club



We are organising a Gardening Club encouraging children to grow flowers to help brighten up our school. We will also grow vegetables. If you have any spare plants, seeds, vegetable plants and gardening tools that you can donate please bring to school. Thank you.

As a school we aim for pupils to achieve 100% attendance or as close as possible. Evidence shows strong attendance directly links to a child achieving their full potential. Through working together, we can ensure that your child receives a full-time education, through regular and structured attendance.

While it is understandable that there may be a number of legitimate reasons why your child's attendance may be affected, it remains essential that all children attend school as often as possible and are not absent for minor coughs and colds.

Keeping attendance above 95% allows pupils to achieve their potential.



School success starts
with attendance



Winners last week

Year 6 – 99.0%

School attendance last

Week 95.3%

St Joseph's School Prayer

Heavenly Father -

Let us aim to be the very best we can be, at all times.

May St Joseph's be full of happiness.

Fill our hearts with love, respect and compassion for all who are part of our school, local and global community.

Help us to make good choices, and guide us in understanding when we don't.

Let us remember, in learning together, we grow together and succeed together, in God's love.

ASPIRATION, COMPASSION, COMMUNITY, RESPONSIBILITY, RESPECT & FAITH

This Week

Kaima YR

Kathleen Y6

Jason Y5

Attendance

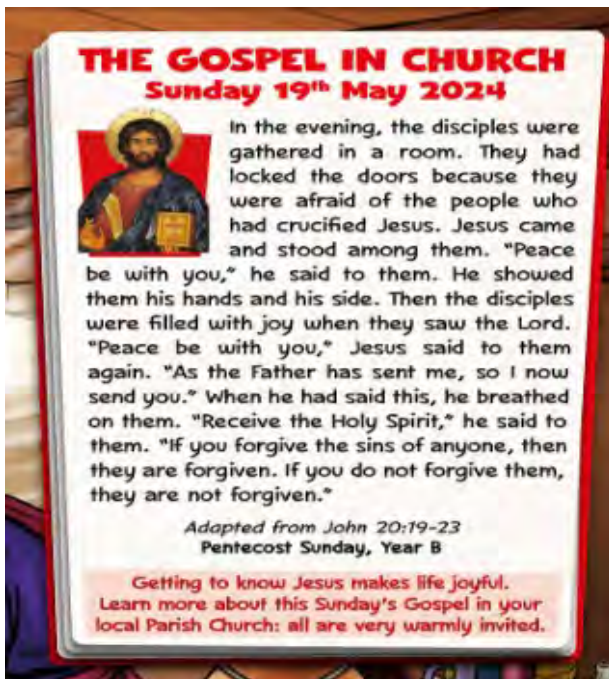
If your child is absent from school please inform the school office either by telephone or email

support@stjosephs.greenwich.sch.uk

If your child seeks GP appointment please email a photo of any medication prescribed. Thank you for your support.



<https://www.paperturn-view.com/uk/wednesday-word/enthusiasm?pid=MTA101634&v=120.4> Click link to read more.



Rainbow Awards

17th May 2024

Rec – Kaima, Kalani

Year 1 – Heron, Bluebell

Year 2 – Caleb, Miray

Year 3 – Maryangela, Willow

Year 4 – Georgie, Anayah

Year 5 – Amelia, Daanya

Year 6 – All of them

WELL DONE TO YOU ALL!

Mental Health Week

The whole school came together each day to recognise Mental Health Week by doing 2 laps of the playground. The theme of the week was “Movement: Move for Your Mood.” There was a real sense of connectedness across the school with the children being able to talk about ways that they also build movement into their daily lives. Theo in Year 4 described how he likes to walk his dog. Elsie in Year 2 said that she likes dancing. Mr Spalding said that he likes to do press-ups in the morning and Miss Pilard enjoys cycling to school. Children were able to say how doing the daily lap made them feel. They said that it made them feel happy, energised and not anxious.

Classes watched 2 live shows which can be viewed here at home:

<https://www.bbc.co.uk/teach/live-lessons/mental-health-awareness-week-2024-live-lesson/z8c3khv>

https://www.youtube.com/watch?v=rdxX_16T10Q

Thank you to all our fantastic parent(s) and carer(s) who joined us for the Friday morning walk on “Wear it Green Day.” We raised £40.00 which will be used to purchase plants for our classes to support wellbeing, by bringing nature indoors. We welcome any donations of indoor plants.

Just a reminder that the next morning walk will take place again on *Wednesday 22nd May at 08:20*. There is an incentive for children who attend both morning walks!



ASPIRATION, COMPASSION, COMMUNITY, RESPONSIBILITY, RESPECT & FAITH

Attendance Matters... Every Minute Counts

Minutes late per day or Early out per day	Learning time lost In a year
5 minutes	2.09 days
10 minutes	4.20 days
15 minutes	6.17 days
20 minutes	8.40 days
30 minutes	12.59 days
60 minutes	25.19 days

**Pupils late week 7th – 10th
May 2024**

YR	12
Y1	13
Y2	5
Y3	12
Y4	14
Y5	8
Y6	14

Total lates 78

PARENT DROP IN

THIS MONTH'S TOPIC IS SLEEP MANAGEMENT

MAY 2024

WOOLWICH COMMON
21ST MAY 2024
12PM - 13:00PM
144 NIGHTINGALE PL, SE18 4HE

HAWKSMOOR
14TH MAY
9:30-10:30AM
2 ORIOLE WAY, SE28 8TF

0208 317 6319
oxl-tr.younggreenwichhealth@nhs.net

OUR SERVICE IS OPEN TO ALL FAMILIES OF SCHOOL-AGED CHILDREN ACROSS GREENWICH. WE ADVISE AND SUPPORT CHILD HEALTH ISSUES SUCH AS HEALTHY WEIGHT, TOILETING, FUSSY EATING, BEHAVIOUR, SLEEP AND MUCH MORE...

Mental Health Foundation

Wear It Green Day

**Thank you
Parents/Carers and
pupils for your
fantastic support.**



Well done done Year 6 for all your hard work during SAT's week.





Move for your mood

Moving for your mood means finding ways you can build movement into your day, and getting to know how it makes you feel.

Any way you decide to get moving counts. Whether it's stretching while making a cup of tea, meeting friends, or doing chores around the house, it all helps us move more!

- | | |
|--|---|
|  Go for a walk |  Play games in the garden |
|  Make the bed |  Yoga |
|  Go for a bike ride |  2 minute beach clean |
|  Do the Hoovering |  Go outside |
|  Have a walking meeting |  Walk while on the phone |
|  Play with your pet |  Play frisbee |
|  Do the dusting |  Do some gardening |
|  30 second dance party |  Stand up and stretch |
|  Scavenger hunt |  Take the stairs |
|  Play hide and seek |  Go swimming |

How will you move for your mood?



APPLY NOW!

Doc Hearts Films, makers of the *award winning* hit series '**Reu & Harper's Wonderworld**' and '**Go Green with the Grimwades**', are looking for children **aged between 4 - 7** to take part in the second series of the hit TV series for **Milkshake, Channel 5!**

The programme takes children on a wondrous cultural journey through fun and engaging play dates, where **Reu & Harper** will be invited into the family's home to explore & celebrate different cultures.

We are looking for children of all abilities from various cultural backgrounds that would enjoy having a playdate with **Reu & Harper!**

To apply, please send a video of your child doing the following...

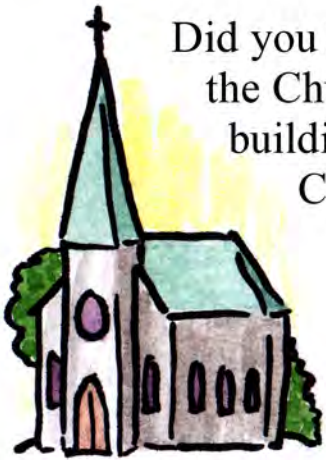
- If possible, please could they introduce themselves to camera telling us their name, age, cultural background, location & their interest/hobby.
- Alternatively, please do include this information in your email or via Makaton, BSL or however your child usually communicates.
- Could they tell us some fascinating facts about their culture?
For example, their favourite festival, food they like to eat, traditional games or national dress?

Video submissions should be emailed to **castingkids@dochearts.com**
The deadline for submissions is **Sunday 2nd June 2024** – but the sooner the better!

Please allow plenty of time to upload your video!



Happy Birthday, Church!



Did you know that Pentecost Sunday is the Church's birthday? Not the church building, but the people who are the Church.

HAPPY BIRTHDAY!

Why is Pentecost the Church's birthday?

Because on that day, the Holy Spirit first came to the apostles and sent them out to become the Church and to teach the good news about Jesus everywhere in the world.

The Holy Spirit works through the Church in many ways. He inspired the men who wrote the Bible. He teaches us through priests and missionaries and teachers. Did you know that He even inspires us to pray?

You can pray that God will send you the Holy Spirit every day. Jesus tells us in the Gospel that God will give the Holy Spirit to whoever asks.



Answer to Word-Find: native language.
Answer to puzzle on front: The Holy Spirit.

www.thekidsbulletin.com



The Kids' Bulletin



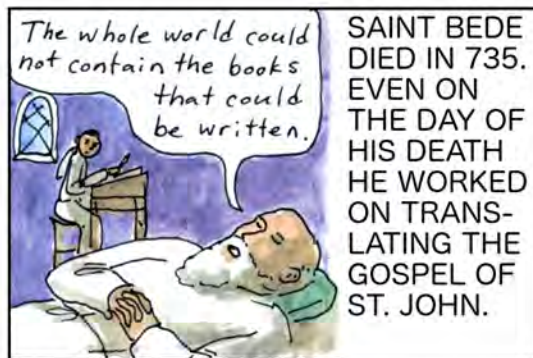
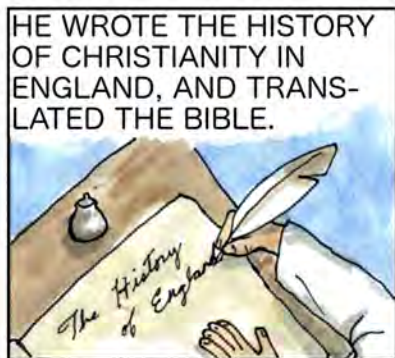
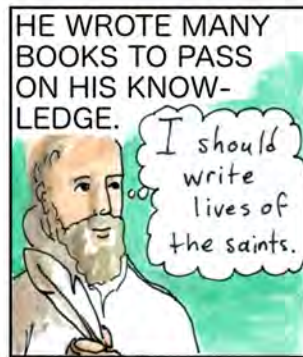
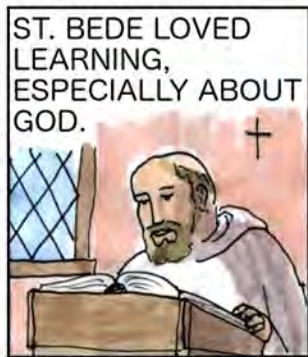
Pentecost Sunday
May 19th, 2024



Who came to the Apostles on Pentecost Sunday?
Fill in the blanks with the letters in the flames:
go around the Apostles clockwise,
skipping every other letter. Start at Mary's.

Saint Bede the Venerable

May 25



SAINT BEDE BECAME HOLY BY STUDYING AND TEACHING, ESPECIALLY ABOUT THE BIBLE, AND THE SAINTS WHO BROUGHT THE FAITH TO HIS COUNTRY. DO YOU KNOW WHO BROUGHT THE FAITH TO YOUR COUNTRY? YOU CAN HELP TO SHARE THE FAITH BY LEARNING MORE TOO!

Pentecost Word-Find

M N C Y R E N E A T
E L A M I T E S I A
S V P R O M E E L S
O A P H R Y G I A I
P P A M P H Y L I A
O J D N G U P A G M
T E O P O N T U S E
A W C R E T A N S D
M S I J U D E A E E
I P A R T H I A N S
A R A B S L I B Y A

PARTHIANS
MEDES
ELAMITES
MESOPOTAMIA
JUDEA
CAPPADOCIA
PONTUS
ASIA
PHRYGIA
PAMPHYLIA
EGYPT
LIBYA
CYRENE
ROME
JEWS
CRETANS
ARABS

On Pentecost Sunday, when the apostles went out of the upper room, there was a great crowd in Jerusalem for the Jewish feast. So they began to tell the people the good news of Jesus. See if you can find the names of all the different groups of people who were in the city listening to them.

All these people heard
the apostles speaking in their

_____!



What Parents & Educators Need to Know about SCHOOL AVOIDANCE

Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person. It's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic: rising from 10.9% in 2018-19, to 22.3% in 2022-23.

UNDERSTANDING SCHOOL AVOIDANCE

REASONS FOR ABSENCE

School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school. A child may have caring responsibilities at home, for instance, or a change in family dynamics; bullying and friendship difficulties at school; pressure to achieve in schoolwork and exams; or moving from primary school to secondary school.

PATTERNS OF ABSENCE

You may notice patterns in regular absences or children regularly expressing that they don't want to attend school (particularly being reluctant to leave home on school days). If a child or young person is neurodiverse, there is some evidence to suggest there are more aspects of school life which can cause distress – such as changes in the environment, changes of routine and sensory stimuli.

COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. These could include complaining of a tummy ache, headache, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

IMPACT OF SCHOOL AVOIDANCE

LEARNING AND DEVELOPMENT

School refusal can negatively impact a young person's learning and development. Attending school on a regular basis not only supports academic attainment but is also important for the development of key life skills and the growth of children and young people as citizens.

LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far reaching and may have a negative impact on long-term outcomes. It may, for example, lead to reduced future aspirations, poor emotional regulation, mental health difficulties, limited academic progress and restricted employment opportunities.

CYCLE OF ABSENCE

Consistent absences may contribute to sustained school avoidance over time. Further to this, the longer a pupil is out of education, the more likely it is that there is a rise in their ongoing need to avoid the activity which is making them anxious – increasing their desire to stay at home.

Advice for Parents & Educators

WORK TOGETHER

If there's a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards a plan of support or reintegration. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

FOLLOW REGULAR ROUTINES

Children can benefit from a regular and consistent routine. This could be a morning routine, from waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and limited time on screens can also give children much needed predictability and familiarity. Schools can help create a timetabled routine for the child's school day, if required.

MANAGING OVERWHELMING FEELINGS

While there may be times you feel frustrated or angry, try to stay calm; acknowledge the child's worries, listen and discuss a range of coping strategies together to help them face the discomfort and overwhelming feelings. These could include mindfulness, deep breathing or going for a walk and practice the strategies in less overwhelming situations first.

REDUCE STIMULATING ACTIVITIES AT HOME

If a child is avoiding school, reduce their access to more stimulating activities (such as watching television, playing games and spending time with friends) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive aspect of avoiding school.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



The National College

Source: See full reference list on guide page at: nationalcollege.com/guides/school-avoidance



@wake_up_weds



/www.thenationalcollege



@wake.up.wednesday



@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.05.2024