

St. Joseph's Catholic Primary School

Commerell Street

Greenwich, SE10 9AN

Tel: 020 8858 4182

www.stjosephs.greenwich.sch.uk



Headteacher: Miss Suzanne Long

Chair of Governors: Paul Drake
pdrake@stjosephs.greenwich.sch.uk

St Joseph's RC Church

103 Pelton Road, Greenwich, SE10 9AN

Priest's House

2 Commerell Street, Greenwich

Telephone: 020 8858 1845

Tea & Talk

All Parents/Carers welcome to come and share a cup of tea and talk
Monday 6th February
8:40 am – 9:30 am
School Hall

Have a good weekend!
Miss Long

Inclusion

Children's Mental Health Week: 6th-12th February 2023

Children's Mental Health Week is taking place 6th-12th February 2023. We will be joining schools across the UK in raising awareness of children's mental health. The theme for this week is "Let's Connect." The teachers will be planning activities throughout the week linked to the theme of making connections with others. The week provides a great opportunity to be open about mental health and start conversations within our school community.

We will be encouraging all children, teachers and support staff to use clothing and colour to express themselves on **Monday 6th February**, for a suggested donation of £1.00. All money raised will go towards supporting the charity Place2Be. 'Dress to Express' is an opportunity for self-expression and celebrating a diverse range of emotions, through wearing a favourite item of clothing or colourful outfit.

Ways that you can support your child at home:

- Try the 'Wellbeing Challenge.'
- See 'Tips for Parents'



DRESS TO EXPRESS

Place2Be's CHILDREN'S MENTAL HEALTH WEEK 6-12 FEBRUARY 2023

WELLBEING CHALLENGE

Make wellbeing a priority during Children's Mental Health Week and take on a Wellbeing Challenge. How many wellbeing actions can you tick off in a week?

Get 8hrs of sleep	Do a deep breathing exercise	Go for a walk	Wear something that makes you feel good
Take time out to read a book	Eat your favourite food	Go for a walk in your local park	Drink 2L of water
Do 30 minutes of yoga	Give someone a compliment	Have a 'no social media' day	Catch up with a friend
Try a 5 minute meditation	Listen to a podcast	Go to bed 30 minutes earlier than usual	Write down 3 things you're grateful for

childrensmentalhealthweek.org.uk #ChildrensMentalHealthWeek

Free Counselling Sessions for Parents



Juggling family and relationships with home and work commitments can put a strain on mental health. This can be especially true if you are supporting a child with their own mental health or if you are experiencing divorce, illness, separation, financial difficulties or bereavement. With the practicalities of day-to-day life, it can be easy to forget to look after your own wellbeing needs, which can lead to feelings of stress or being overwhelmed.

Are you going through divorce, separation or bereavement? Do you need help with anxiety or depression? Would it be helpful to talk through worries about your situation with a counsellor? For a short period of time, parents can access a counsellor at no cost. A counsellor is available on Thursdays either remotely, via telephone or in person at school. If you are interested, please speak with Miss Maciejewski for more information.

Royal Museums Greenwich are looking for families with children aged 4-10 years to take part in a photo shoot at the Cutty Sark on **Saturday 4th February**. The images will be used in marketing for Easter, Halloween and Christmas family campaigns.

As a thank you for their time families will get free tickets to visit any of the sites at Royal Museums Greenwich and a copy of the photographs afterwards.

Families interested in starring in the photo shoot, please contact [Rebekah Matus: rebekah.matus@rmg.co.uk](mailto:rebekah.matus@rmg.co.uk)



This Week

Dilay – R

Lillie Y3



After School Football Club

Year 1, Year 2, Year 3 and now Year 4

If you would like your child to attend please click the link below for more details:



<https://awfootball-coaching.class4kids.co.uk/info/168> If you would like more information please contact Alex on 0777 174 7219

Half Term Free Lunches

Any child in Royal Greenwich can get a free lunch this half-term as the Council's holiday meal scheme returns to libraries and leisure centres.

Grab a healthy, nutritious packed lunch throughout the week, with no forms or fuss. Just turn up and tuck in!

Serving times vary so check our website for details. www.royalgreenwich.gov.uk/holidaymeals

Rainbow Awards

3rd February 2023

Rec – Athena, Charles

Year 1 – Kamilla, Caleb

Year 2 – Francis, Kevin

Year 3 – Theo, Ava-Mae

Year 4 – Emily, Alejandro

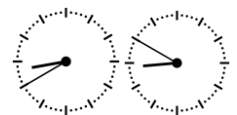
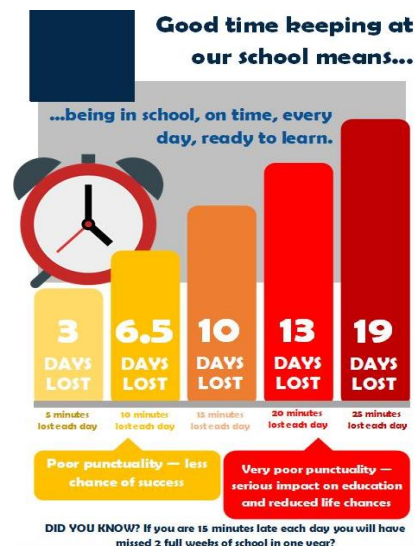
Year 5 – Kamsi, Grace

Year 6 – Wesley, Ray-leigh



WELL DONE TO YOU ALL!

To order your child's school uniform from our online supplier, click [here](#) with free delivery to school.



Arriving after **08:50** negatively impacts on social & academic development and does not allow for a calm and relaxed start to the day.



School success starts with attendance

As a school we aim for pupils to achieve 100% attendance or as close as possible. Evidence shows strong attendance directly links to a child achieving their full potential. Through working together, we can ensure that your child receives a full-time education, through regular and structured attendance.

While it is understandable that there may be a number of legitimate reasons why your child's attendance may be affected, it remains essential that all children attend school as often as possible and are not absent for minor coughs and colds.

Last week's Whole School attendance: 91%

Keeping attendance above 95% allows pupils to achieve their potential.

Last week's highest attendance:

Year Y5 – 99.1%

95%	= 47 LESSONS MISSED EACH YEAR 8 days in total or 1 week and 3 days
90%	= 95 LESSONS MISSED EACH YEAR 16 days in total or 3 weeks and 1 day
85%	= 142 LESSONS MISSED EACH YEAR 24 days in total or 4 weeks and 4 days
80%	= 190 LESSONS MISSED EACH YEAR 32 days in total or 6 weeks and 2 days

**Number of Lates
23.01 – 27.01**

Group	Lates
Reception	18
Year 1	12
Year 2	13
Year 3	14
Year 4	8
Year 5	12
Year 6	11

Gardening

With Spring approaching we are thinking about our outside areas. One area in particular is the area outside of the hall. The children will be thinking about how they would like to use it and may need volunteers to help make this happen. If you are able to spare anytime during lunchtimes or after school please leave your name at the office as we may be able to accommodate a gardening club. Thank you for your support.

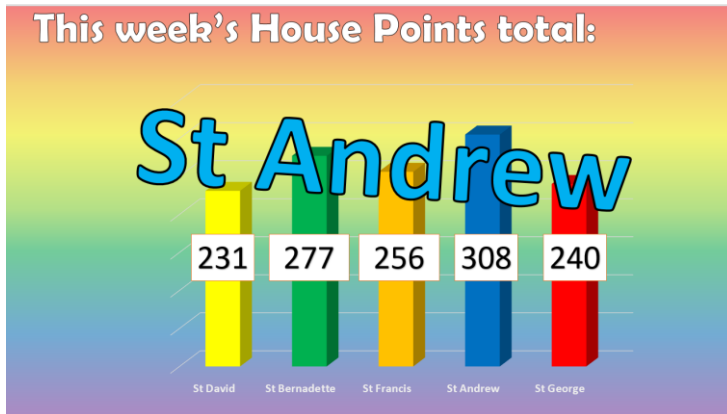
Gospel – Matthew 5:13-16



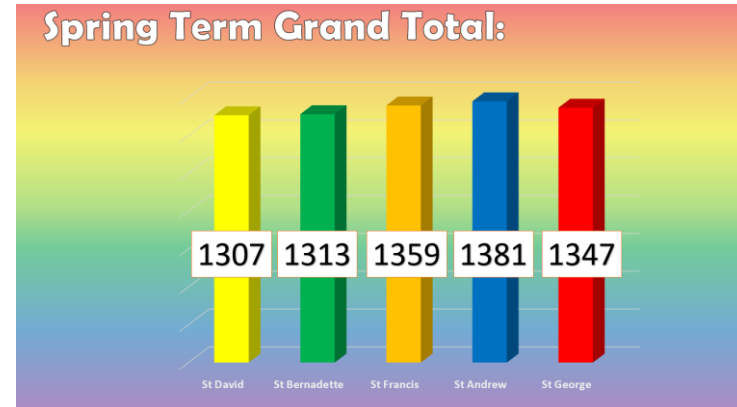
Jesus said to his disciples: “You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot. You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father.”



This week's House Points total:



Spring Term Grand Total:





PROSPER SPORTS ACADEMY

HALF TERM SPORTS CAMP

- ★ A Range of Sports
- ★ Football Tournaments
- ★ Fun Games

AGES 5 – 11

MONDAY 13TH FEBRUARY –
FRIDAY 17TH FEBRUARY
9AM – 3PM

*Please provide pack lunch (no nuts) and drink
and ensure children are dressed
appropriately for the weather.*

£15 / DAY
£65 / WK

**ST JOSEPH'S CATHOLIC
PRIMARY SCHOOL**

Commerell Street East
Greenwich London
SE10 9AN

**CONTACT US NOW
TO BOOK**

07960589704
Moses@prospersportsacademy.com



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